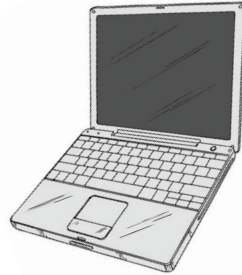


1st CHALLENGE CARD COMPLETE

Health Assessment
and Register for
“LIVE HEALTH ONLINE”
(if not already registered)
www.anthem.com



Must be completed before April 1, 2020

Your Name: _____

Employer Group Name: _____

Entry subject to Terms of 2020 KBA Benefits Trust Wellness Program

2nd CHALLENGE CARD

PARTICIPATE

in a community run/walk event



If you are unable to participate because of medical reasons you can volunteer at an event.

Your Name: _____

Employer Group Name: _____

Entry subject to Terms of 2020 KBA Benefits Trust Wellness Program

3rd CHALLENGE CARD COMPLETE

ONE annual Medical
Wellness Exam

For example..

- Physical
- Mammography
- Pap Smear
- Colonoscopy



Your Name: _____

Employer Group Name: _____

Entry subject to Terms of 2020 KBA Benefits Trust Wellness Program

4th CHALLENGE CARD COMPLETE

TWO of the
following:



- Enroll in Anthem’s Condition Care
- Certify you are tobacco free
- Sign up for Anthem’s Healthy Tips
- Set up “Healthy Habits” (under Wellness Toolkit)
- View a “Video Tutorial” (under Resources)
- Get a dental or vision exam
- Get a flu vaccination shot

Your Name: _____

Employer Group Name: _____

Entry subject to Terms of 2020 KBA Benefits Trust Wellness Program

FIRST CLASS
POSTAGE
REQUIRED



Attention: Lisa Mattingly
600 West Main Street, Suite 400
Louisville, KY 40202

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